



Advocate Medical Group

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Installation of Ear Drops

1. Drops should always be at room temperature.
2. Lie on sofa with ear toward ceiling.
 - Adults: Pull ear outward and backward.
 - Children: Pull ear outward and downward
3. Instill the number of drops prescribed.
4. Place a ball of cotton in the outer ear, removing it in 2 -3 minutes. **Do Not** leave cotton in ear all of the time unless ordered by a physician.
5. Keep the ear canal dry. When washing your hair or taking a shower, place a piece of cotton in the outer ear and cover the cotton with Vaseline.
6. **Do Not** use **Q-TIPS**.