



Advocate Medical Group

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## **INSTRUCTIONS AFTER INSERTION OF MIDDLE EAR VENTILATING TUBES**

1. Diet and activity should be determined by how the patient feels. Most children should be able to return to normal activities within a few hours.
2. Drainage from the ear canal, including slight bleeding, is commonly seen for 1-2 days after the tubes are put in. If drainage persists beyond 1-2 days, please call the surgeon's office at (309) 268-3200. Treatment for the drainage will be ordered over the telephone.
3. Do **NOT** use Q-tips at any time.
4. Keep the ear canals dry. When bathing or washing hair, insert ear plugs into the ear canals. These are available through our office.
5. The surgery is usually **NOT** painful. However, if an earache occurs, you may give a dose of your regular pain medicine.
6. The tubes remain in the ear drum for a period of 3 months to 2 years; the average time is 6-12 months. You may not know when they come out.
7. Please keep your scheduled post-operative appointment and see your surgeon every few months as directed.
8. Please call our office if you have questions or problems at 309-268-3200.